

## 25439 - Maternal and Child Nursing

### Información del Plan Docente

Academic Year	2017/18
Faculty / School	127 - Facultad de Ciencias de la Salud 275 - Escuela Universitaria de Enfermería de Huesca 375 - Escuela Universitaria de Enfermería de Teruel
Degree	559 - Degree in Nursing 561 - Degree in Nursing 560 - Degree in Nursing
ECTS	6.0
Year	3
Semester	Annual
Subject Type	Compulsory
Module	---

### **1.General information**

#### **1.1.Introduction**

#### **1.2.Recommendations to take this course**

#### **1.3.Context and importance of this course in the degree**

#### **1.4.Activities and key dates**

### **2.Learning goals**

#### **2.1.Learning goals**

#### **2.2.Importance of learning goals**

### **3.Aims of the course and competences**

#### **3.1.Aims of the course**

#### **3.2.Competences**

### **4.Assessment (1st and 2nd call)**

#### **4.1.Assessment tasks (description of tasks, marking system and assessment criteria)**

### **5.Methodology, learning tasks, syllabus and resources**

#### **5.1.Methodological overview**

The learning process is organized according to the theoretical and practical activities of the subject itself in order to achieve the results described. Theory hours: 50, hours Seminar: 10, hours of study and independent work: 85, and hours

of tutoring and evaluation: 5.

## **5.2.Learning tasks**

Learning activities include: theoretical classroom lessons (lectures), seminars, presentation of problems and cases. These activities will be complemented by tutorials, 6 hours per week in school days.

## **5.3.Syllabus**

Part I (Maternal)

- Topic 1. Anatomy of the genital tract. The cycle and hormones
- Topic 2. Fertilisation. Early stages, pregnancy and fetal development
- Topic 3. Prophylaxis and complications of pregnancy: prenatal visits
- Topic 4. Diseases that complicate pregnancy
- Topic 5. Bleeding and pregnancy. Abortion. Previous placenta. Placental abruption
- Topic 6. Clinical course delivery, and support mechanism
- Topic 7. Immediate newborn care and breastfeeding
- Topic 8. Puerperium, care and complications
- Topic 9. Gynecological examination. Menstrual disorders
- Topic 10. Diseases: vulvar cancer, neck, uterus and ovaries
- Topic 11. Female mamma
- Topic 12. Contraception
- Topic 13. Sterility and infertility
- Topic 14. Prophylaxis of diseases of the genital tract. Gynecologic reviews

Part II (Infant)

- Topic 1. Concepts. Children's medical history Nursing
- Topic 2. Morbidity and mortality in childhood
- Topic 3. Growth, development and nutritional status
- Topic 4. Anthropometric assessment of growth, development and nutritional status
- Topic 5. Growth and bone, sexual and neuropsychological development
- Topic 6. Nutritional Needs. Breastfeeding
- Topic 7. Breastfeeding and complementary feeding formula
- Topic 8. Food and Nutrition older child and adolescent
- Topic 9. The normal newborn: deferred support
- Topic 10. The premature newborn
- Topic 11. Assistance to the child with an acute illness
- Topic 12. Assistance to the child with a chronic disease
- Topic 13. Psychosocial problems and addictions in children and adolescents
- Topic 14. Accidents and poisoning: prevention
- Topic 15. More frequent emergency in paediatrics
- Topic 16. Imported Diseases
- Topic 17. Vaccinations: childhood immunization schedule

## **5.4.Course planning and calendar**

Planning and schedule. The subject is designed as follows.

-During the first part of the subject Maternal Nursing will be taught, and at the end of this part, seminars and practical activities will be conducted.

-During the second part of the subject Child Nursing will be taught, and at the end of this part, seminars and practical activities that apply will be made.

## **5.5.Bibliography and recommended resources**



**Universidad**  
Zaragoza

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